

— GB — COACHING

YOUR GOALS. MY GUIDANCE.
REAL RESULTS.



PERSONAL TRAINING



SESSION INFORMATION

- Duration: 60 minutes
- Flexible scheduling
- Cancellations or rescheduling are free up to 24 hours before the appointment. Cancellations within 24 hours will be charged in full.

WHAT YOU GET:

- ✓ Personalized training plan
- ✓ Nutrition guidance & advice
- ✓ Progress tracking & evaluations
- ✓ Technique improvement & coaching
- ✓ Motivation, accountability & support
- ✓ Access to high-quality equipment and facilities.

PAYMENT & TERMS

PACKAGE	PAYMENT OPTIONS
SINGLE SESSION	Payment in 1x
10 SESSIONS	Payment in 1x or 2 installments of €362,50
20 SESSIONS	Payment in 1x or 4 installments of €350,00
40 SESSIONS	Payment in 1x or 8 installments of €337,50

PACKAGES & PRICING

PACKAGE	PRICE PER SESSION	TOTAL PRICE	VALIDITY
SINGLE SESSION	€75,00	€75,00	-
10 SESSIONS	€72,50	€725,00	4 MONTHS
20 SESSIONS	€70,00	€1.400,00	8 MONTHS
40 SESSIONS	€67,50	€2.700,00	12 MONTHS



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